

# BIRGITTA'S BEST RECIPES



## Contents:

The tasty little bun

Cakes for fancy occasions and everyday coffee breaks

Biscuits and tiny sweetbreads and small pastries

Layered cream cakes and fancy cakes and pastries

## Birgittas bästa

165 x 210, 104 pp

*The trend for breads and pastries has increased at avalanche speed in recent years, and there is now a wide and considerable interest even among younger people who want to learn how to bake. Above all, cakes have become very popular again as well as the charm of the unique Swedish culture of coffee and pastries with all its traditions which now appeals to all the more enthusiasts.*

**T**raditional social gatherings where one drinks coffee served with a variety of cakes and pastries is something that Birgitta grew up with, and she has skilfully maintained that knowledge. In this book she tells us about the unique Swedish coffee tradition and what it has comprised over the decades: the tasty little buns, the cakes, at least seven types of biscuits, and then to crown it all – the fancy layered cream cake. Birgitta has chosen her absolute favourites among the best cakes she knows, and there are more than 40 recipes to enjoy. Some of them come from Birgitta's mother's and aunt's 'oilcloth notebooks' and have never before been published. In addition, Birgitta shares her best baking tips with us.

Welcome to a Swedish get-together for coffee, where all the typical tastes are on offer – a mixture of tradition and cakes from today!

## About the author:



**Birgitta Rasmussen** has, among other merits, been the head of the ICA supermarket chain Trial Kitchen for 25 years, and during her time there she was responsible for fifty or so books about baking and cooking. Today she is a very active lecturer; she tests recipes and kitchen equipment and participates in public discussions. She is also one of the judges in the TV programme 'All of Sweden bakes'. Due to her passion for cakes and pastries, she has become known as one of Sweden's baking queens.

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