

HELP

– WE'VE GOT VEGANS COMING ROUND!



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Hjälp! veganer på middag

Linda Andersson Hafner

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Does the thought of your vegan friends coming round for dinner send you into a flap? Are you totally clueless about putting together a good meal without using meat or other animal products? Be inspired by the wealth of ideas in this gorgeous vegan cookbook!

Whether you're a long-time vegan or just starting out, a non-vegan or confirmed carnivore curious to find out more, this is the cookbook for you. Here you'll find wonderful recipes that you can dazzle your guests with, even when you've got vegans coming round. The book is also packed with general tips and advice on products that are handy to have when preparing food for vegan guests.

There are around 50 dishes to tempt you, such as mango carpaccio or spinach and watermelon salad for starters, delicious saffron spaghetti de luxe or black pepper tofu for mains, and why not round off with an avocado and chocolate mousse on almond tuile or a lovely frozen berry cheesecake?

About the author



Linda Andersson Hafner is a vegan. She devised the recipes and took all the photographs for this book. Having trained in the hotel and restaurant business, she has worked for large companies such as ICA and Unilever and written a number of food blogs.