

JUNK FOOD



Junk food

Liselotte Forslin

195x250, 128pp

Junk food can taste good of course, but it is rarely particularly healthy. Here, this much-maligned fast food gets its revenge!

Now you have the chance to prepare everything from the start with delicious ingredients. It won't only taste really good, it will be more nutritious too! Party away with home-made hamburgers, pizzas, salads, Tex-Mex and lots, lots more. Quick to prepare, and much appreciated by members of the family, big and small!

Contents:

Introduction
Hamburgers
Tex Mex
Pizza
Sandwich
Sausage
Kebab
Deep fried
Salad
Sweet
Accessories
Index



About the author:

Liselotte Forslin has worked as a food journalist, a stylist and as a recipe developer for more than 10 years. She writes regularly for magazines and the daily papers, and is a productive author of cook books.