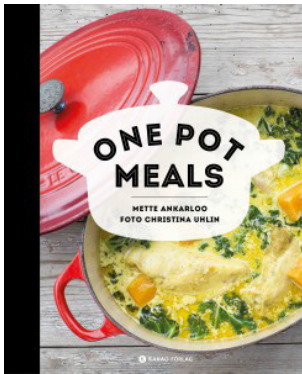


ONE POT MEALS



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One pot meals

Mette Ankarloo
195x240, 128pp

Believe in Slow cooking but still want time to do other things? – one pot meals is the absolute answer! Throw all your ingredients into a pot or oven dish, turn on the oven and then leave it to simmer while you attend to other things. Perhaps get dressed for the party, help your kids with their homework, do the vacuum cleaning or relax with a good book – before you know it, dinner's ready!

- Simple, all-in-one recipes anyone can succeed with
- Time-saving dinners – do something else while it cooks!
- Warming dishes for dark autumn evenings
- The easiest way of cooking a great meal – all in one pot

About the author



Mette Ankarloo is a freelance food creator, food stylist and writer. With more than twenty years in the food business, Mette's work has encompassed a wide range of magazine features and books about cooking and baking, always emphasizing recipes that anyone can succeed with.