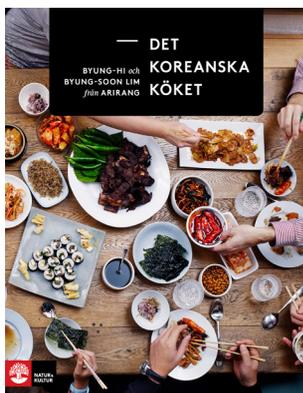


THE KOREAN KITCHEN



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Det koreanska köket

Byung-Hi Lim & Byung Soon Lim

180x220, 160 p

The Korean kitchen is colourful and full of flavour.

The heat from the rusty red chilli pasta gochujang, the grill aroma of bulgogi, the mild tofu, all the delicate side dishes that add crispness and freshness – and like a common thread is the ever present kimchi.

In this new edition of the popular book earlier published under the name *Kimchi and other Korean dishes* around twenty new recipes have been added, to broaden the picture of Korean traditional cooking.

Koreans are obsessed with good food and the Lim family is no exception. For two generations they have preserved the proud traditions of Korean cooking at the Arirang restaurant in Stockholm. The book contains the family's most popular recipes – both common and unusual kimchi recipes, Korean home cooking and the constant bibimbap. In this new edition you also learn how to step-by-step make your own tofu or quickly knock up the wonderful Korean raw beef yukho, with the aroma of sesame oil and garlic.

Korean food culture offers much more than kimchi, but a Korea with no kimchi is unimaginable. For thousands of years the fermented vegetables have been completely indispensable at mealtimes. In Korea kimchi is much more than food – it's a national cultural symbol, universal health food and part of the Korean identity. In the book the Lim family presents its version of the kimchi classic of saladbowl, chilli and ginger but also the popular black radish kimchi, kakkugi, along with less common varieties of pumpkin, mushroom, roots and other vegetables.

About the authors



Byung-Hi Lim and **Byung Soon Lim** are sisters and together with their mother **Boo Mee Ja Lim** and aunt **Im Kee Sun** they run the *Arirang* restaurant in Stockholm. *Arirang* opened already in 1975 and was the first restaurant of its kind in Scandinavia. The ambition of the restaurant is to provide real Korean food at its best.



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