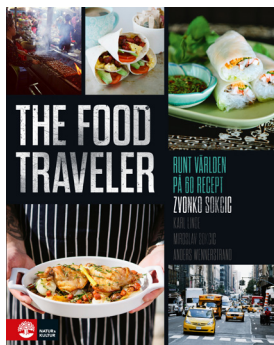


THE FOOD TRAVELER

RECIPES, FOOD, JOURNEYS



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The food traveler

Recept, mat, resor

Zvonko Sokcic, Karl Linde, Miroslav Sokcic and
Anders Wennerstrand

190x240, 160p

To eat is to travel.

The Food Traveler tells you how to prepare Vietnamese, Philippine or Californian food at home in your own kitchen, so that it actually tastes like it does in its native country. Which ingredients do you need in a green papaya salad? What do the locals most like to eat in New York? And how do you put together a really good breakfast burrito?

When we travel to new places, a large part of the experience is getting to taste as much as possible of the food from that particular country – from the simplest everyday dishes in a hidden-away alley, to the restaurants we read about in the international press.

Here are practical recipes, descriptions of food experiences from various parts of the world and smart tips that will help you succeed with your dinner. The food in the book is neither luxurious nor exclusive, but it is genuine and carries its heritage with it. Stand beside your kitchen worktop and with the help of food feel as if you are in that little bar in Barcelona or a Thai food market. Most of us are unable to go off travelling all the time, but we do make food every day!



About the author:

Zvonko 'Zwampen' Sokcic is one of the heavyweights in the world of food in Sweden with 30 years as a chef, including at such famous restaurants as Edsbacka Krog, Berns and Sundbyholms slott, and he has also been a partner in KB and Conny & Zwampen. His appetite for everything tasty has also turned Zwampen into a food-journey fixer, a wine importer and a food blogger. Over the years, he has visited more than 60 countries, always focussing upon food and wine. Everything in accordance with his motto: 'I don't want to die curious'.



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