

HARVEST WITH A DIFFERENCE

FOOD FROM THE GARDEN THROUGHOUT THE YEAR



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THANK YOU

Skillnadens skörd

Sara Bäckmo

190x245, 176p

In *Skillnadens trädgård* (The Garden with a Difference) 150 different types of vegetables grow. Some provide produce in the spring and summer, others during the autumn and winter. Every day, the whole year round, there is food to gather in the ecological kitchen garden larder. In the last few years food preparation in the Sara Bäckmo family has changed fundamentally – the harvest dictates what food is prepared on any particular day. A creative journey of discovery among home-grown produce has taken their cooking to a whole new level. Because when a mountain of freshly harvested spinach is lying in wicker baskets and waiting to be prepared for the evening meal, that's when dinnertime becomes a truly enjoyable challenge.

In the book *Skillnadens trädgård* (The Garden with a Difference) we got to know Sara as a passionate and stubborn cultivator who has revolutionised our view of the kitchen garden, sometimes by doing the complete opposite of what are the cultivating norms. In *Skillnadens skörd* (Harvest with a Difference) we accompany Sara into the kitchen to see how freshly harvested produce is taken care of, stored, and also becomes food for the whole family. The book is bursting with favourite, easy-to-make recipes – stuffed full of vegetables, all year round.

The photographer Maria Fors Östberg shares Sara's gardening passion and spends a lot of time in *Skillnadens trädgård*. She works as a freelance photographer and writer.



About the author

Sara Bäckmo is a journalist, writer and influencer who cultivates and writes about *Skillnadens trädgård* on Sweden's biggest gardening blog sarabackmo.se