

SOW SEEDS FROM EXOTIC FRUITS – SOW PIPS, SEEDS AND TUBERS



Contents

Horse chestnut *Aesculus hippocastanum*
Pineapple *Ananas comosus*
Cherimoya *Annona cherimola*
Horseradish *Armoracia rusticana*
Carambola *Averrhoa carambola*
Peppers *Capsicum annuum*
Peppers group
Spanish pepper *Capsicum*
Papaya *Carica papaya*
Sweet chestnut *Castanea sativa*
Introduction to citrus
Lemon *Citrus x limon*
Orange *Citrus x aurantium*
Sinensis group
Papeda *Citrus hystrix*
Fingerlime *Citrus australasica*
Pomelo *Citrus maxima*
Coffee *Coffea arabica*
Taro *Colocasia esculenta*
Lemon grass *Cymbopogon citratus*
Water chestnut *Eleocharis dulcis*
Cardamom *Elettaria cardamomum*
Japanese medlar *Eriobotrya japonica*
Figs *Ficus carica*
Pitaya *Hylocereus undatus*
Sweet potato *Ipomoea batatas*
Walnut *Juglans regia*
Apple *Malus domestica*
Mango *Mangifera indica*
Lychee *Litchi chinensis*
Olive tree *Olea europaea*
Barbary fig *Opuntia ficus-indica*
Rice *Oryza sativa*
Passion fruit *Passiflora edulis*
Avocado *Persea americana*
Date palm *Phoenix dactylifera*
Cape gooseberry *Physalis peruviana*
Pine nut *Pinus pinea*
Tomatillo *Physalis philadelphica*
Guava *Psidium guajava*
Pomegranate *Punica granatum*
Tamarillo *Solanum betaceum*
Pepino *Solanum muricatum*
Tamarind *Tamarindus indica*
Cocoa *Theobroma cacao*
Ginger *Zingiber officinale*
Success with your growing
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Så frön från exotiska frukter – sätt kärnor, frön och knölar

Eva Rönnblom

210x260, 96p

Be your own home grower

Imagine being able to cultivate your own exotic fruits and create your own oasis! Perhaps at home in the kitchen – with the pips and seeds of fruits you have just eaten. This book makes it possible for everyone with a desire to grow stuff make pots and the garden-patch turn green. Perhaps one's own harvest of peppers?

The book is written for curious home growers and describes in detail how to best sow and plant, as well as take care of newly sprouted plants.

Should a mango seed be soaked before planting? When is the right time to prune the plant? How often should I water and how much light does the plant need? When should I re-pot? What type of soil should I use?

The fruits and plants are introduced with information about origins and facts that might be useful and fun to know. There are also tips on what the plant and fruit can be used for.

There are circa 30 different fruits and tubers to choose from, so it's just a matter of getting started. Avocado, papaya, peppers, chili, pomegranate, mango, horseradish, coffee, cardamom and many others.

The book is illustrated with both photographs and drawings to inspire and explain.



About the author

Eva Rönnblom is a gardening journalist, illustrator, photographer and writer of gardening books. She has for many years featured in *Allt om Trädgård* and is one of Sweden's foremost experts on citrus fruits. Eva Rönnblom has written several gardening books, including *Mediterranean plants in a pot* and *Citrus in a pot*.