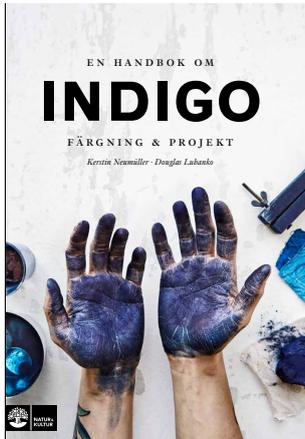


# INDIGO

## CULTIVATE, DYE, CREATE



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- Short history
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## En handbok om indigo – färgning & projekt

Douglas Luhanko and Kerstin Neumüller

190X250, 144 p

*Seldom has a pigment been so surrounded in myth and mysticism.*

In a society where all the colours of the rainbow are chemically created in large factories indigo has achieved a kind of cult status, as if it were more genuine and real than other colours. The reasons are probably twofold; the beautiful lustre and depth that indigo has and the relatively cumbersome method required to produce it. But really dyeing in indigo is not necessarily any harder than baking sour dough bread.

Douglas Luhanko and Kerstin Neumüller have together researched the subject of indigo; to find recipes and reliable information on the production of the pigment, qualities and uses. In the book they have collected both classic and thoroughly tested recipes with potent chemicals, and innovative and more environmentally friendly alternatives. Here are also indigo recipes in combination with other pigments. A T-shirt that is first dyed yellow with birch leaves and then with indigo, for example, gets an intense green colour. Besides the recipes there are a number of projects to try with indigo dyeing. Using shibori, a Japanese folding technique, you can create wonderful and unique patterns. Using sashiko you embroider geometric patterns that become quite simply works of art. If you want a bigger challenge there are instructions on how to make a patchwork quilt in nuances of blue.

Indigo encourages and inspires both beginners and experienced dyers. There are also tips for those who are interested in cultivating their own pigment for dyeing.



## About the authors

**Douglas Luhanko** has a deep interest in denim and indigo. He runs the shop Unionville on Södermalm in Stockholm, manufactures jeans in his own company Blue highway, and has a large collection of denim based on the fragments he found when digging for old jeans in the disused mines of the Nevada desert.

**Kerstin Neumüller** is a men's tailor with her heart in handicrafts. She has spent many years studying handicrafts and the history of textiles. Kerstin has a great fascination for the effects of handicrafts on practitioners and the public, and a strong desire to share her experiences.



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