

# SWEDISH TRADITIONS



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## Swedish traditions

Jan-Öjvind Swahn

170x230, 160p

*This book explains about Lucia, Midsummer, Christmas, Sweden's National Day, Easter, Waffle Day and other Swedish traditions throughout the year, including – of course – the entire Christmas holiday with pictures by artists such as Carl Larsson.*

The author writes in a personal tone and gives us information about typical Swedish traditions – some of them actually started in Sweden – and about the traditions we share with others, but which we have adapted with our own Swedish interpretation.

Richly illustrated with pictures and photos of the beautiful Swedish countryside. There are also recipes for some classic Swedish dishes.

## About the author:



**Jan-Öjvind Swahn** is a retired professor in Folklore Studies and is considered to be one of Sweden's leading authorities in the field of cultural history. He is often seen on TV. Jan-Öjvind has written several books on folklore and is much appreciated for his ability to present his knowledge in an entertaining manner. His interest in food and preparing food has resulted in cookery books too, and given him a seat in the Swedish Gastronomical Academy. He was the editor-in-chief of Bra Böckers lexikon and was a member of the academic advisory committee for the Swedish national encyclopaedia.