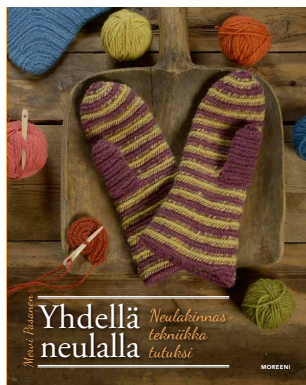


WITH ONE NEEDLE – LEARN THE NALBINDING TECHNIQUE



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Hdellä neulalla – Neulakinnastekniikka tutuksi

Mervi Pasanen

264 x 210, 136 p

Make socks and mittens using a technique older than knitting

The nalbinding (also known as single needle knitting) technique is the oldest known way of knitting, dating back thousands of years. In Finland the technique has been mainly used to knit mittens, but it can also be used to knit socks, headgear and scarves, as well as larger garments. This book applies the technique in multiple ways for different types of knitwear.

The knitting using the nalbinding technique is tight and will not unravel. The tool is a large-eyed, blunt-pointed needle, by which the yarn is threaded into layers of stitching. There are dozens of different ways of threading. From time immemorial, three ways have been used in Finland, the Finnish, Russian and twisting knitting. All three ways are presented in detail with written instructions and illustrations.

About the author



Mervi Pasanen is an editor and a handicraft master who specialises in Medieval handicraft techniques.



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